

Name \_\_\_\_\_

Date \_\_\_\_\_

Christchurch Food Festival Education Trust: Charity Number 1127292

# Brain health Maths

## Let's add these foods up!

How many of each food can you see? Add them all up, then write the answer in the box.

Spinach: **5 points**  
Eggs: **2 points**  
Nuts: **4 points**  
Bananas: **6 points**  
Passionfruit: **1 point**  
Pasta: **7 points**  
Yogurt: **3 points**  
Salmon: **2 points**  
Bread: **3 points**  
Kiwi: **1 point.**  
Chicken: **4 points.**